

# FGHO/ FGKA/ FGKT/ FGSU/ FGYA 1390

**⚠ Warning!**

It is advisable to have an Öhlins dealer install the front fork.

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Before installing this product, read the Öhlins Owner's Manual. The front fork is an important part of your vehicle and will affect the stability.

**👁 Note!**

Before installing this product, check the contents of the kit. If anything is missing, please contact an Öhlins dealer.

**👁 Note!**

Öhlins cartridge kit is not designed to be used with standard vehicle fork springs.

## Kit Contents

FGHO 1390		
Description	Part no.	Pcs
Cartridge kit	FGHO 1390	1
Owner's Manual	07298-01	1
Hydraulic stop cup	15456-10	2
Base plug	15430-10	2
O-ring base plug	00438-12	2
O-ring top cap	00438-96	2
Sticker Ö	00197-01	2
Sticker Cartridge	00191-34	2
Spring seat	15429-10	2
Trust washer	15413-10	2
Safety clip	15440-01	2
Spacer	15482-02	6

FGKT1390		
Description	Part no.	Pcs
Cartridge Kit	FGKT1390	1
Owner's manual	07298-01	1
Hydraulic stop cup	15456-11	2
Base plug with internal o-ring	15430-04 00338-10	1 1
O-ring base plug	00338-83	2
O-ring top cap	00338-63	2
Sticker Öhlins	00197-01	2
Sticker Cartridge	00191-34	2
Spring seat with spring bushing	15429-11 15481-02	1 1
Trust washer	15413-10	2
Safety clip	15440-01	2
Spacer	15494-02	6

FGSU1390		
Description	Part no.	Pcs
Cartridge kit	FGSU 1390	1
Owner's Manual	07298-01	1
Hydraulic stop cup	15456-10	2
Base plug	15430-10	2
O-ring base plug	00438-12	2
O-ring top cap	00438-96	2
Sticker Ö	00197-01	2
Sticker Cartridge	00191-34	2
Spring seat	15429-10	2
Trust washer	15413-10	2
Safety clip	15440-01	2
Spacer	15482-02	6

FGKA1390		
Description	Part no.	Pcs
Cartridge kit	FGKA 1390	1
Owner's Manual	07298-01	1
Hydraulic stop cup	15456-12	2
Base plug	15430-09	2
O-ring base plug	00438-12	2
O-ring top cap	00438-94	2
Sticker Ö	00197-01	2
Sticker Cartridge	00191-34	2
Spring seat	15429-12	2
Trust washer	15413-10	2
Safety clip	15440-01	2
Spacer	15495-02	6

**👁 Note! FGKA1390 YM 2014**

Note different recommended Fork Height Position for FGKA1390 from YM 2014; add 5 mm to your measured position.

FGYA1390		
Description	Part no.	Pcs
Cartridge kit	FGYA 1390	1
Owner's Manual	07298-01	1
Hydraulic stop cup	15456-13	2
Base plug	15430-09	2
O-ring base plug	00438-12	2
O-ring top cap	00438-94	2
Sticker Ö	00197-01	2
Sticker Cartridge	00191-34	2
Spring seat	15429-12	2
Trust washer	15413-10	2
Safety clip	15440-01	2
Spacer	15495-02	6

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## Spring recommendation

### FGHO 1390

Rider's weight kg/lbs	Part no.	Spring rate N/mm
<35/77	08785-32	32
40/88	08785-32	32
45/99	08785-34	34
50/110	08785-36	36
55/121	08785-36	36
>60/132	08785-38	38

### FGKA1390

Rider's weight kg/lbs	Part no.	Spring rate N/mm
<35/77	08794-26	26
40/88	08794-28	28
45/99	08794-30	30
50/110	08794-30	30
55/121	08794-32	32

### FGKT1390

Rider's weight kg/lbs	Part no.	Spring rate N/mm
< 35/77	08789-30	30
40/88	08789-32	32
45/99	08789-34	34
50/110	08789-34	34
55/121	08789-36	36
> 60/132	08789-38	38

### FGSU1390

Rider's weight kg/lbs	Part no.	Spring rate N/mm
<35/77	08785-26	26
40/88	08785-28	28
45/99	08785-30	30
50/110	08785-30	30
55/121	08785-32	32
>60/132	08785-34	34

### FGYA 1390

Rider's weight kg/lbs	Part no.	Spring rate N/mm
<35/77	08794-26	26
40/88	08794-28	28
45/99	08794-30	30
50/110	08794-30	30
55/121	08794-32	32